



NOVEMBER 2022

4-H Family News

Livingston County



Livingston County 4-H Council Elections

The time has come to vote for the 2022-2023 Livingston County 4-H council members!

Members eligible to vote are active gold level volunteers and youth ages 13+ serving in a leadership role with an active 4-H online enrollment. Each eligible member or volunteer is allowed to vote one time. Election winners will be announced at the 4-H Council General meeting on 11/15/22.

Youth write-in candidates must be between the 4-H ages of 14-19, Adult write-in candidates must have completed at least 2 years of 4-H work or experience prior to their election and must be an active gold level volunteer.

Please contact Kat with any questions regarding the election.

The deadline to vote is 11/11/22 at 5pm.

Please vote here: [2022-2023 4-H Council Ballot](#)



UPCOMING EVENTS

Small/Large Animal Committee Meeting

November 1st from 7-9 pm at the MSU Extension Office

Horse General Meeting

November 8th from 7-9 pm at 4-H Office at Fowlerville Family Fairgrounds

4-H Council General Meeting

November 15th from 7-9 pm at MSU Extension Office

4-H Officer Training

December 7th, 7-8 pm at MSU Extension Office

Livingston County 4-H Hartland New and Used Tack Sale

January 14th, 2023: 10 am - 2 pm at Hartland Educational Support Service Center

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COUNTY 4-H NEWS

Livingston County 4-H Volunteer Spotlight: Judy Paulsen of Ranger's 4-H Club



Judy Paulsen is a vital member of the Livingston County 4-H program. In her more than 40 years volunteering with 4-H, she has been instrumental in growing the program to what it is today. Judy brought STEAM programs to Livingston County before 4-H had put emphasis on them, served as lead chaperone for 4-H Exploration Days for many years, has served on 4-H Council in a variety of roles, and has coordinated and hosted county wide workshops for many years, among other accomplishments. She has been a key leader in promotion of 4-H at countless events such as but not limited to: community fairs, farmers markets, commissioner meetings, township meetings, schools and so much more for many years sharing the message of 4-H and empowering youth to do the same alongside her through her guidance. One parent in her club

said, "Judy's goal for the kids is to have fun learning lifelong skills...[her daughter] has grown with Judy's help, and now she is a teen leader, talking and teaching new kids' skills that she has learned." Judy truly lives the 4-H mission, motto and pledge through her leadership in the program. She has been a leader that can always be counted on to pick up a few extra tasks and do them beyond expectations. She has also positively impacted countless youths' lives through all of her hard work and passion and has also affected many other leaders, community members and staff as well. One of her 4-H members said, "Through the years, [Judy] has taught me to think out of the box, to consider things that I might think are too difficult for me and I think I can't accomplish. [She] gives me the courage to attempt them." We are thankful to have Judy as a dedicated and knowledgeable volunteer within our program.

Fowlerville Youth Show Age Changes

We wanted to share the following information from the Fowlerville Youth Show communications regarding the age groups for the 2023 Fowlerville Youth Show. In 2023, 20-21 year olds will be able to participate in the Fowlerville Youth Show. This also means the age groups will change to the following:

Peewee: 5-7 years old, Novice: 8-10 years old, Junior: 11-13 years old, Intermediate: 14-17 years old, and Senior: 18-21 years old

Although the Fowlerville Youth Show will allow 20-21 year olds, the National 4-H, Michigan 4-H, and Livingston County 4-H ages will continue to be 5-19 years old. If a 4-H member that has aged out of the program would like to participate in the Youth Show, they would need to join the Fowlerville Agricultural Society. If you have any questions about this change in policy, please contact Brooke Tate at the Fowlerville Family Fairgrounds, fair@fowlervillefamilyfair.com.





COUNTY 4-H NEWS

Livingston County 4-H Officer Training: December 7th from 7-8 pm

Livingston County 4-H will have an officer training for youth and adult 4-H leaders in the MSU Extension Office on December 7th from 7-8 pm. This training will be led by Roxanne Turner and Janelle Stewart, both MSU Extension Educators in Leadership, Civic and Cultural Engagement.

This training is recommended for youth and adult leaders new to an officer role and a great opportunity for those who need a refresher. Questions? Contact Kat. If you would like to attend, please sign up at:

https://msu.co1.qualtrics.com/jfe/form/SV_3Ct9bnRnASrh8tE



Livingston County 4-H Hartland New and Used Tack Sale: Saturday, January 14th, 2023: 10 am - 2 pm

Please help us spread the word about the Livingston County 4-H Hartland New and Used Tack Sale sponsored by the Livingston County 4-H Horse Committee on Saturday, January 14th from 10 am – 2 pm at the Hartland Educational Support Service Center, 9525 E. Highland Rd., Howell, MI 48843. The public is invited to buy or sell. Spaces available include: 6'x8' = \$20 or 6'x16' = \$30. Tables (5'-6') are available \$5 per table (additional fee). Please obtain space for any kind of racks and racks cannot be in aisles. All fees are non-refundable. No dogs (except service dogs) allowed in buildings. Set-up begins at 8:00 am and doors open to public at 10:00 am, no early sales or entry. To reserve a space, please fill out a [flyer](#) and make checks out to LCHLA and mail to: LCHLA c/o MSU Extension 2300 E. Grand River Suite 111 Howell, MI 48843. Questions? For more information, contact Paula at 517-404-4544 or gustyacres@yahoo.com

Child Abuse Report Protocol Training Required for 4-H Volunteers



Don't
Forget!

The Child Abuse Reporting Protocol Training in Volunteer Central is now a required training and volunteers who have NOT completed it **by December 31st, 2022**, will automatically be marked as non-compliant and will not be able to volunteer with 4-H until the training is completed. You can access this training by logging into your account at https://msu.samaritan.com/custom/502/volunteer_home

If you cannot log into your account or need your password reset, please let Jenny or Kat know. If you have any trouble viewing the training, we can arrange a time for you to come into our office and complete it. We appreciate your commitment to 4-H positive youth development and all the time and dedication you put into our programs.



COUNTY 4-H NEWS

Congratulations to our Award Winners and Thank you to our Leaders!



Thank you to all the volunteers, families, and youth who came to our Awards Night at the Fowlerville Family Fairgrounds last Friday. We were honored to recognize so many hardworking volunteers and youth.

We would also like to thank all our club leaders who worked hard to complete and submit their annual re-enrollment paperwork. We know it was earlier this year and we greatly appreciate your work in helping us get all of this paperwork turned into MSU Extension on time!

Form to Function: Evaluating the Equine Athlete on December 3rd 10 am-2 pm

Join MSU for a workshop on Form and Function by Dr. John Shelle, Professor Emeritus Animal Science. The workshop will include interactive live demonstrations with MSU horses and classroom discussions. The cost is \$35 a person and will take place at MSU Horse Teaching and Research Center 3327 Collins Rd. Lansing, MI 48910. Lunch is provided and there are no refunds.

To register, visit <https://bit.ly/f2f22>



Save the Date! 4-H State Dog Show on August 12, 2023

Please save the date of August 12, 2023 for the 4-H State Dog Show. The show will also be back at the MSU Pavilion in East Lansing. Keep up to date about this event by following the Michigan 4-H Dog Program at <https://www.facebook.com/michigan4hdogs>.



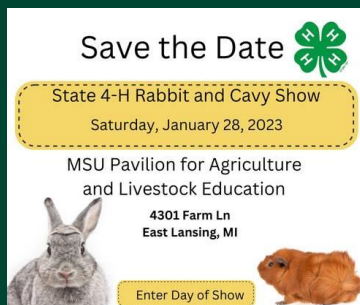
4-H Re-Enrollment is Now Open for 2022-23 Program Year

Re-enrollment has opened for Livingston County 4-H for the 2022-23 program year. You can now log into your 4-H online account (<https://v2.4honline.com/#/user/sign-in>) and re-enroll members and volunteers. Don't wait, enroll now to make sure you receive all our communications and information on upcoming events and opportunities in our county and statewide. Don't forget, 4-H participation fees for the 2022-23 program year have been waived!



STATEWIDE CALENDAR OF EVENTS

SAVE THE DATE! State 4-H Rabbit & Cavy Show



The State 4-H Rabbit & Cavy Show will be held on January 28, 2023, at the MSU Pavilion for Agriculture and Livestock Education in East Lansing.

This one-day event is open to participants age 8 to 19.

Participants must enter the day of the show.

To be eligible to enter, exhibitors must be Michigan 4-H members and own the rabbits or cavy they wish to enter.

For more information, visit <https://www.canr.msu.edu/events/state-4-h-rabbit-cavy-show-2023>.

November 3: 4-H in the Kitchen – Whodunit Edition

Baldwin, Scottville or online

Get your sleuth on and explore a world of mystery, intrigue, and espionage. 4-H in the Kitchen will explore the world of forensic science by learning how to prepare a pair of dishes inspired by some of the best mystery writers of the past 30 years. This will be a hybrid workshop so participants will have the option of attending in person or virtually.

<https://www.canr.msu.edu/events/4-h-in-the-kitchen-whodunit-edition>

November 8: Wild Spartans – Exploring Michigan's Largest State Park

Online

Take a look into life working with fisheries and wildlife! 4-H Wild Spartans Series will hike to the heights of the Porcupine Mountains and along the shores of Lake Superior as we meet Katie Urban, interpreter for the Porcupine Mountains Wilderness State Park for the Michigan Department of Natural Resources. Learn about her work and the education and career path she followed to get there. Youth will be encouraged to ask questions to learn more through a live Q&A. This free online series is open to youth ages 12-19.

<https://www.canr.msu.edu/events/wild-spartans-series-november-2022>

November 17: 4-H Entrepreneurship Guidelines and Resource Training

Online

Do you want to learn more about how to run an entrepreneurship club? Do you have questions about how to handle the income and profits from an entrepreneurship project? Are you looking for youth entrepreneurship resources? This workshop is for you.

<https://www.canr.msu.edu/events/4-h-entrepreneurship-guidelines-and-resource-training>

December 3-4: Michigan 4-H Spectacular Youth Leadership Institute

Various locations

The institute will feature a wide variety of incredibly fun and interactive sessions focused on four tracks: personal development and leadership, community leadership, global citizenship, and leadership for diversity, equity, and inclusion. The institute will be held as an overnight event in East Lansing, Mich. (Dec. 3-4), and as a day-long program in Wayne County and Kalamazoo County on Dec. 3.

<https://www.canr.msu.edu/events/michigan-4-h-spectacular-youth-leadership-institute>





STATEWIDE 4-H NEWS

Michigan 4-H to participate in Giving Tuesday, Nov. 29

On Nov.29, Michigan 4-H is once again participating in Giving Tuesday.

The Giving Tuesday movement is a global day of giving and a chance to celebrate the opportunities that make 4-H so extraordinary.

From 12 a.m. to 11:59 p.m. EST, Michigan 4-H supporters are invited to participate in Giving Tuesday by giving their support financially or helping spread the word via social media channels and word of mouth.

Michigan 4-H has a goal to raise \$5,000 to grow 4-H county endowments in a 24-hour period.

County 4-H endowments are funds created by gifts from one or more donors to the Michigan 4-H Foundation. These endowments provide a perpetual source of income for county 4-H programs, where the principal amount remains intact and the investment income supports annual needs for a county 4-H program.

Every dollar is an investment in 4-H! Learn more about 4-H Giving Tuesday at <https://mi4hfdtn.org/giving-tuesday/>.



Michigan 4-H Spectacular Youth Leadership Institute December 3-4

The Michigan 4-H Spectacular Youth Leadership Institute is an event for teens who want to improve their communities and our world through leadership and youth power! Attending the institute will help teens gain leadership skills and approach life with their head, heart, and hands open to new ideas, interesting people, and diverse cultures. Attend the institute and be part of the movement that has YOUTH leading the way! Register here: <https://events.anr.msu.edu/SYL122/>

The institute will feature a wide variety of incredibly fun and interactive sessions focused on four tracks: personal development and leadership, community leadership, global citizenship, and leadership for diversity, equity and inclusion.

The institute will be held as an overnight event in East Lansing on Dec. 3-4, and as a day-long program in Wayne County and Kalamazoo County on Dec. 3 from 10 a.m.–3 p.m. Participants who register for the overnight event in East Lansing will attend a MSU Men's Hockey game on Sat., Dec. 3, as part of the evening entertainment!

This Michigan 4-H workshop is open to ALL teens (ages 13 and older by Jan. 1, 2023) and to adult leaders who have Gold Level volunteer status with MSU Extension. Space will be limited for this workshop. Learn more at: <https://www.canr.msu.edu/events/michigan-4-h-spectacular-youth-leadership-institute>.

The Michigan 4-H Spectacular Youth Leadership Institute is sponsored with a grant from the Michigan 4-H Foundation.



MSU Extension Child and Family Development

MSU Extension has a wide range of free online classes for parents and caregivers of children of all ages and early childhood professionals.

Extension Extra's Parenting Hour

These free online parenting workshops will provide guidance for parents of young children as they navigate the challenges, concerns, and joys of parenting. Participants may register for as few or as many workshops as they wish. The workshops are on Tuesday evenings from 8:00 to 9:30PM EST as follows:

Class dates:

- 11/1/2022: Essential Skills for Learning and Life
- 11/8/2022: Positive Discipline
- 11/15/2022: ABC's of Early Literacy
- 11/22/2022: Responding to Your Child's Cues
- 11/29/2022: Together We Can: Co-Parenting

Registration: https://msu.zoom.us/webinar/register/WN_awdaBOMnToq_DP_dpSgShA

For more information contact Courtney Aldrich at aldric82@msu.edu



The Parent Talk System

Do you feel like your children aren't listening to you? Finding yourself constantly repeating yourself trying to gain compliance? This 6 week series is for parents of children of all ages and is designed to improve communication and provide practical verbal strategies for raising confident, caring, responsible children. Topics include eliminating unwanted behavior, setting limits, teaching about consequences, giving effective feedback, promoting independence, and developing character. Certificates of attendance are available.

Class dates: November 3, November 10, November 17, December 1, December 8, December 15; *no class November 24

Class times: 7:30-9pm EST

Registration: <https://events.anr.msu.edu/ParentTalkNovDec2022/>

For more information, contact Courtney Aldrich, aldric82@msu.edu

Guiding Principles for Highly Successful Parenting

Are you wondering how to gain greater cooperation from your children? Struggling with chores or routines? Not sure how to handle discipline issues? Join us for this five week parenting education series for parents with children of all ages will explore developing routines, emotional control, rules and relationships, and being a calm, assertive parent. Certificates of attendance are available.

Class dates for November/December: November 9, November 16, November 23, November 30, December 7

Class times: 11:30am-1pm EST

Registration: <https://events.anr.msu.edu/GuidingPrinciplesNovDec2022/>

For more information, contact Courtney Aldrich, aldric82@msu.edu

Building Strong Adolescents

Are you wondering how to navigate the teen years with your child? Do you wonder how to set limits while still promoting independence and encouraging positive relationships? Join us for this five week parenting education series for parents with children between 9-16 and explore the assets children need to succeed. Certificates of attendance are available.

Class Dates: November 14, November 21, November 28, December 5, December 12

Class Times: 7:30PM-9:30PM

Registration: <https://events.anr.msu.edu/BSANovDec2022/>

For more information contact Courtney Aldrich at aldric82@msu.edu



MSU Extension Child and Family Development

Extension Extras Family FAQs Lunch and Learn

Join MSU Extension for our live question and answer parenting programming option, Extension Extras Family FAQs Lunch and Learn! This one hour program features MSU Extension child and family development experts answering your pressing parenting questions. Ask your questions and receive live answers! Pre-register at https://msu.zoom.us/webinar/register/WN_OmLLnpFtQZ-Z44mRq9Q6PQ and join via Zoom or join live on [Facebook@MiStrongerFamily](https://www.facebook.com/MiStrongerFamily)

Sibling Squabble Solutions

Siblings. . . best friends and arch enemies. How do you handle those never ending sibling squabbles? Bring your questions and receive live answers!

Class Date: November 10, 2022 from 11:30AM – 12:30PM

Registration: <https://bit.ly/MSUEFamilyFAQ>

For more information contact Carrie Shrier, shrier@msu.edu

Early Childhood Professional Development Classes

These free online classes provide professional development training hours for early childhood professionals. Credit in the MiRegistry system is available.

Setting the Stage

Class Date: November 17th from 7:00PM to 8:30PM

Registration: https://msu.zoom.us/webinar/register/WN_U4dleNZRQHS2CvBw5PbXHA

For more information contact Vivian Washington at washi138@msu.edu

Online Self-Paced Classes

These free online classes can be completed on your own at your own pace.

Positive Discipline

Helping young children learn self-control is important to their ability to be successful citizens now and in the future. Positive Discipline workshops help adults learn how their role in creating appropriate environments and experiences can strengthen that development. This class has a “parent and caregiver” track and a “professional” track. Certificates of attendance are available for all who take the class and professional development training hours are available for early childhood professionals. Credit in the MiRegistry system is available.

Registration: <https://www.canr.msu.edu/courses/positive-discipline-online-course>

For more information contact Courtney Aldrich at aldric82@msu.edu

Infant Safety

MSU Extension has partnered with the Livingston County Child Abuse Prevention Council to create a self-directed online infant safety course called “Sleeping, Crying, Driving.” This three part course contains videos and interactive content on infant safe sleep, how to handle extended infant crying and guidelines for transporting your child safely. A certificate of completion is available for those who need proof of attendance.

Registration: https://www.canr.msu.edu/early_childhood_development/infant-safety/

MI Parenting Resource

This free, online program is meant to support caregivers across the state in strengthening their parent-child relationships and gaining new tools for enhancing positive child behaviors.

Registration: <https://miparentingresource.org/>

For more information contact Courtney Aldrich at aldric82@msu.edu